



The Woman's Guide to Managing Migraine: Understanding the Hormone Connection to Find Hope and Wellness

By Susan Hutchinson

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. Headache in women is truly a major health issue. Every year, over 22 million women in the United States suffer from migraine headache, often debilitating attacks that can leave the sufferer bedridden and that, in many cases, can undermine both one s career and even one s marriage. The Woman's Guide to Managing Migraine is a concise and practical handbook that gives female headache sufferers all the tools they need to work with their healthcare providers to properly diagnose types of headache and develop the best possible treatment plans. A headache specialist, family practice physician, and fellow migraine sufferer, Dr. Susan Hutchinson introduces the reader to seven women with different livesranging from a nineteen-year-old college student, to a 29year-old attorney, to a 55-year-old mother of three grown childrendifferent women with the common thread of suffering from disabling monthly migraines. As these women s lives unfold throughout the audiobook, the listener gains insight into their own headache experience. Listeners will learn about hormonal therapy, preventive strategies, and treatment options, ranging from the most promising new drugs to the most...



Reviews

This written publication is wonderful. It really is loaded with knowledge and wisdom You will not really feel monotony at at any time of your time (that's what catalogues are for relating to if you ask me).

-- Desmond Becker

Absolutely essential go through publication. I am quite late in start reading this one, but better then never. You will not feel monotony at at any time of the time (that's what catalogues are for regarding if you ask me).

-- Ambrose Thompson II

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