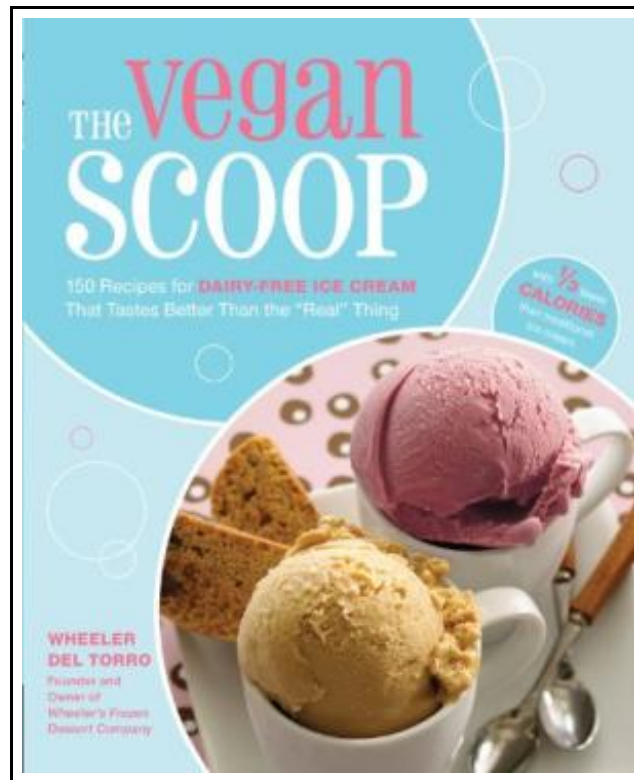


The Vegan Scoop: Recipes for Dairy-Free Ice Cream That Tastes Better Than the Real Thing - with 1/3 Fewer Calories (Hardback)



Filesize: 4 MB

Reviews



This type of publication is every thing and helped me seeking ahead and much more. It usually fails to charge too much. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Juliet Mertz)

THE VEGAN SCOOP: RECIPIES FOR DAIRY-FREE ICE CREAM THAT TASTES BETTER THAN THE REAL THING - WITH 1/3 FEWER CALORIES (HARDBACK)



FAIR WINDS PRESS, United States, 2009. Hardback. Book Condition: New. 234 x 190 mm. Language: English . Brand New Book ***** Print on Demand *****. The Vegan Scoop brings the pleasures of the ice cream parlor into your home with 150 recipes for delicious frozen desserts that are so rich and creamy, they're better than the real thing and contain one-third the calories! Developed by vegan hipster Wheeler del Torro of Wheeler's Frozen Desserts, these faux creams feature 100 percent vegan-certified ingredients, making them suitable for both vegans and those with lactose intolerance and other dairy aversions. And with each serving containing approximately 80 calories nearly 100 calories fewer than a serving of traditional ice cream you can indulge with peace of mind (and keep your trim waistline!). Chapters are devoted to innovative flavor inspirations, and cover everything from Caribbean Island Flavors to Healthy Flavors and Aphrodisiacal Flavors. You'll also find two chapters full of recipes for toppings, sauces, sides, and other dessert accompaniments. Recipes include: Peanut Butter Banana Black Sesame Chocolate Marshmallow Almond Cookie Orange Passion Fruit Granola Crunch Pecan Apple Danish Espresso Bean Vanilla Graham Cracker and hundreds more!.

-  [Read The Vegan Scoop: Recipes for Dairy-Free Ice Cream That Tastes Better Than the Real Thing - with 1/3 Fewer Calories \(Hardback\) Online](#)
-  [Download PDF The Vegan Scoop: Recipes for Dairy-Free Ice Cream That Tastes Better Than the Real Thing - with 1/3 Fewer Calories \(Hardback\)](#)

Relevant Books



I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book (Paperback)

Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy...

[Save Document »](#)



Design Collection Revealed: Adobe InDesign CS6, Photoshop CS6 Illustrator CS6 (Paperback)

Cengage Learning, Inc, United States, 2012. Paperback. Book Condition: New. 236 x 190 mm. Language: English . Brand New Book. THE DESIGN COLLECTION REVEALED provides comprehensive step-by-step instruction and in-depth explanation for three of today...

[Save Document »](#)



The Birds Christmas Carol (Paperback)

BOOK JUNGLE, United States, 2009. Paperback. Book Condition: New. 235 x 190 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin was an American children s author and educator. She...

[Save Document »](#)



Homespun Tales (Paperback)

BOOK JUNGLE, United States, 2009. Paperback. Book Condition: New. 235 x 190 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin was an American children s author and educator. She...

[Save Document »](#)



Oxford Very First Dictionary (Paperback)

Oxford University Press, United Kingdom, 2012. Paperback. Book Condition: New. Georgie Birkett (illustrator). 234 x 182 mm. Language: English . Brand New Book. A fully illustrated alphabetical first dictionary for 4-5 year-olds. A fresh new...

[Save Document »](#)

**Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters! (Paperback)**

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on

[Save Book »](#)

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 2: Cat in a Bag (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It

[Save Book »](#)

**Knock Knock! 150+ Knock Knock Jokes for Kids: Funny Jokes for Kids (Paperback)**

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Funny Knock Knock Jokes for Kids!Joke telling is very fun

[Save Book »](#)

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 6: Save Pudding Wood (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It

[Save Book »](#)

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 5: Seasick (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 174 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It

[Save Book »](#)