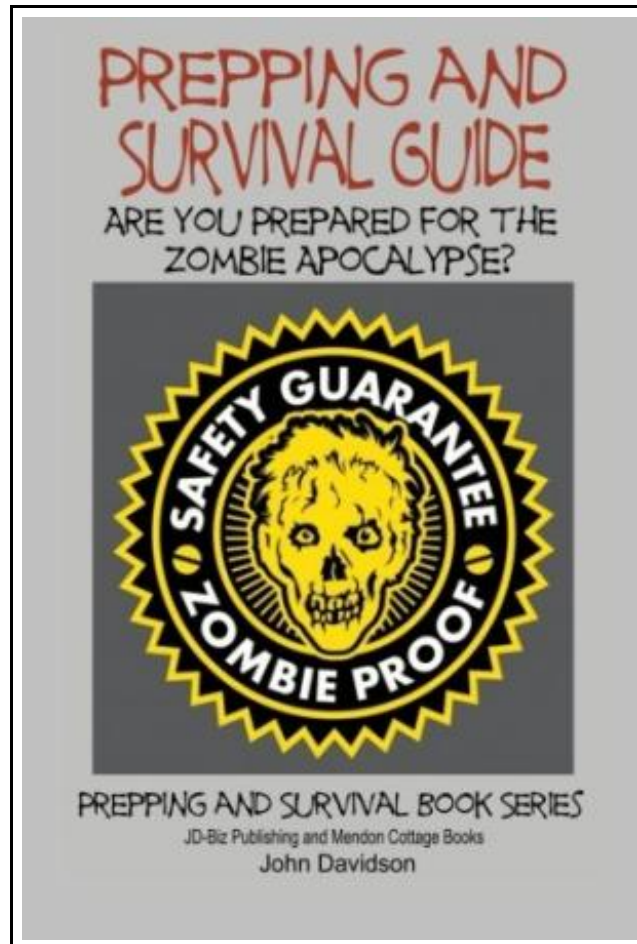


## Prepping and Survival Guide - Are You Prepared for the Zombie Apocalypse? (Paperback)



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Prepping and Survival Guide - Are You Prepared for the Zombie Apocalypse? Table of Contents Introduction: What to Prep For: So how to plan? Important Decision for Survival: Where to Go? How to Get There and What to Carry? Basics for Prepping and Survival: Prepping: Being Prepared for Different Situations: Analyze the Conditions and Gather Information: Need Assessment: Survival Kit Development: Medical Checks: Carryout Effective Research: Carryout Effective Planning before Actual Execution: Supplies and Equipment for Survival: Cash or Checks: Duplicate Documents: Clothes Needed for Survival: Sleeping Mats and Bags: Back Packs and Bags: Packing or Stowing: Global Positioning System: Radios and Cell Phones: Altimeters and Compasses: Survival Kit: Five Essential Survival Skills: Shelter and Protection: Water: Fire: Food: Attitude: Conclusion: Author bio Publisher47 Introduction: Not so long ago people considered prepping for unexpected events and catastrophes as behavior characterized as paranoid, over cautious and in some situations even mentally unstable. However, knowledge and awareness has advanced people s thinking over time about being proactive towards emergencies and disasters. Today there are special courses and training programs that teach the general public how to be prepared for any disaster or unforeseen events. Ranging from hurricanes, floods, earthquakes, forest fires to bomb explosions, getting lost in the wilderness, economic crisis, accidents and medical emergencies all types of disasters need a management plan. Such a plan cannot only reduce the impact of the respective disaster but at times can even prevent it from happening. It also gives the victims a stronger sense of confidence and patience.

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